

# Article

# Real-time biomechanical feedback system for swimming turn analysis based on convolutional neural networks and temporal attention mechanism

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Copyright © 2025 by author(s). *Molecular & Cellular Biomechanics* is published by Sin-Chn Scientific Press Pte. Ltd. This work is licensed under the Creative Commons Attribution (CC BY) license. https://creativecommons.org/licenses/ by/4.0/ Abstract: This paper presents an advanced deep learning framework that integrates convolutional neural networks (CNNs) with temporal attention mechanisms for real-time swimming turn analysis. The proposed architecture features a hybrid spatial-temporal design with multi-scale feature fusion and adaptive normalization, achieving robust performance in challenging underwater environments. The system demonstrates 96.2% accuracy in standard conditions and 91.8% accuracy under low-light scenarios, with a 15% improvement over existing methods. By optimizing computational complexity, the framework achieves 32 frames per second with a 99.99% error recovery rate and a 23% improvement in resource utilization efficiency. Extensive validation shows robust performance across varying water qualities, lighting conditions, and motion scenarios. In addition to its technical robustness, the framework introduces a novel adaptive error handling mechanism, hierarchical state machines, and hybrid deep learning architecture, ensuring stable operation with a mean time between failures (MTBF) of 8760 h and mean time to recovery (MTTR) of 1.2 s. Tested in Olympic-standard facilities, the system reliably delivers precise biomechanical feedback for athletes and coaches. Future research will extend the system to multi-object detection, integrate advanced acoustic sensing for zero-visibility conditions, and explore federated learning for privacy-preserving model updates. This work sets new benchmarks for underwater motion analysis, advancing both athletic training and aquatic research.

**Keywords:** convolutional neural networks; swimming biomechanics; temporal attention mechanism; real-time analysis

# **1. Introduction**

The integration of deep learning and computer vision technologies has revolutionized motion analysis across various domains, with recent advances in realtime processing and neural network architectures enabling unprecedented analytical capabilities [1]. Within this technological landscape, the analysis and optimization of swimming turn techniques have become increasingly critical, where milliseconds can determine competition outcomes. Recent studies in computer vision applications [2] have demonstrated the potential for automated analysis systems in aquatic environments, though significant challenges remain in real-time processing and accuracy. Competitive swimming analysis has evolved significantly over the past decade, transitioning from subjective visual assessment to data-driven evaluation approaches [3]. The underwater environment introduces unique computational challenges, including light refraction, bubble interference, and visibility limitations, which substantially complicate the motion analysis process. Moreover, the dynamic nature of aquatic environments necessitates robust algorithms capable of adapting to varying conditions while maintaining high accuracy in real-time processing scenarios.

Traditional computer vision approaches to swimming turn analysis have relied heavily on manual observation and post-processing of video data, limiting their practical application in real-time training scenarios. Recent developments in deep neural networks [4] have shown promising results in human pose estimation and motion analysis. Previous research [5] has proposed spatial-temporal networks for general human motion recognition, achieving remarkable accuracy but lacking specificity for swimming applications. Studies on lightweight convolutional neural network (CNN) architectures [6] have demonstrated potential for real-time pose estimation, though they did not address the unique challenges of underwater environments. The application of attention mechanisms in motion analysis has gained traction, with recent work [7] demonstrating improved temporal feature learning in action recognition tasks. However, existing attention-based approaches often struggle with the rapid and complex nature of swimming turns, where critical movements occur within milliseconds. Contemporary swimming-specific applications [8,9] have made progress in stroke analysis but have not adequately addressed the particular demands of turn movement analysis. Multi-modal analysis approaches have shown potential in capturing comprehensive movement characteristics, yet their computational complexity often prevents real-time implementation. The integration of multiple data streams while maintaining real-time performance remains a significant challenge, particularly in underwater environments where sensor synchronization and data quality can be compromised by environmental factors. Furthermore, existing solutions often fail to provide immediate, actionable feedback that coaches and athletes can utilize during training sessions, limiting their practical utility in competitive training environments.

This paper presents a novel deep learning approach that addresses these challenges through three main contributions. First, we propose an enhanced CNN architecture with specialized modules designed for underwater motion analysis, incorporating domain-specific features that significantly improve recognition accuracy in swimming environments. The architecture includes innovative preprocessing stages that effectively handle underwater visual distortions and environmental variations, resulting in more robust feature extraction. The proposed network architecture incorporates adaptive normalization techniques specifically designed to handle the unique characteristics of underwater imagery, including variations in lighting, turbulence, and refraction effects. Second, we introduce a hierarchical temporal attention mechanism that effectively captures both finegrained movement details and broader phase transitions during turns, enabling more precise temporal feature extraction. This multi-scale approach allows for simultaneous analysis of micro-movements and macro-phase transitions, providing comprehensive technical feedback. The temporal attention mechanism employs a novel multi-head architecture that can simultaneously track multiple aspects of the swimming turn, from initial approach to final push-off, while maintaining temporal coherence across the entire sequence. Finally, we develop an adaptive feature fusion strategy that optimizes the integration of spatial and temporal information, resulting in more robust and accurate real-time biomechanical feedback. The fusion framework incorporates dynamic weighting mechanisms that adjust to varying environmental conditions and movement patterns, ensuring consistent performance

across different scenarios. Our experimental results demonstrate substantial improvements over existing methods, achieving 98.5% accuracy in turn phase classification while maintaining real-time processing capabilities. Extensive validation on diverse datasets confirms the system's robustness and generalizability across different swimming facilities and environmental conditions, with particular emphasis on maintaining performance stability under varying water conditions and lighting scenarios.

# 2. Methodology innovation

### 2.1. Enhanced CNN architecture

The proposed architecture builds upon the fundamental principles of convolutional neural networks while introducing novel components specifically designed for underwater motion analysis. Our network structure incorporates densely connected feature extraction pathways with adaptive depth-wise separable convolutions to maintain computational efficiency while maximizing feature representation capacity [10]. As illustrated in **Figure 1**, the backbone consists of a modified ResNeXt structure with cardinality-enhanced grouped convolutions, enabling parallel feature processing streams that capture diverse motion characteristics at multiple scales.



Figure 1. Multi-stream densely connected CNN with cardinality enhancement.

The network's input layer accepts multi-channel data, including Red, Green and Blue (RGB) frames and optical flow fields, processed through parallel streams before feature fusion. Each stream employs channel attention mechanisms to dynamically adjust feature importance based on input characteristics. The backbone network utilizes residual connections with group normalization to maintain stable training across varying batch sizes, crucial for processing high-resolution swimming footage [11].

Key innovative components include the Adaptive Feature Enhancement (AFE) module, designed to address the unique challenges of underwater visual analysis. As shown in **Figure 2**, the AFE module incorporates a novel self-calibrating mechanism that dynamically adjusts convolutional kernel parameters based on local image statistics, effectively handling variations in water turbidity and lighting conditions. The module employs a series of dilated convolutions with learnable expansion rates, enabling adaptive receptive field sizes that accommodate different motion scales [12].



Figure 2. Self-calibrating AFE module architecture.

The feature extraction pathway integrates Channel-Spatial Attention blocks (CSA) that operate on multi-scale feature maps, enabling the network to capture both fine-grained motion details and global movement patterns. These blocks implement a hybrid attention mechanism that combines channel-wise and spatial attention through a unified framework, improving the network's ability to focus on relevant motion features while suppressing noise and irrelevant background information.

## 2.2. Hierarchical attention design

Our hierarchical attention framework introduces a novel approach to temporal feature analysis in swimming motion sequences. The temporal attention module, depicted in **Figure 3**, implements a multi-head attention mechanism with specialized heads dedicated to different temporal scales. Each attention head operates on a specific temporal receptive field, enabling the network to simultaneously capture both rapid local movements and longer-term motion patterns [13].



Figure 3. Scale-aware temporal attention mechanism.

The temporal attention structure employs position-aware encoding that maintains relative temporal relationships while allowing for variable-length input sequences. This design enables robust feature extraction across different swimming speeds and turn execution styles. The attention weights are computed using a modified scaled dot-product mechanism that incorporates temporal distance modeling, improving the network's ability to capture long-range dependencies in motion sequences [14].

Multi-level feature integration is achieved through a hierarchical fusion strategy that combines features from different temporal scales and spatial resolutions. The integration process employs adaptive weighting coefficients learned through a subsidiary network that assesses feature importance based on current input characteristics. This approach enables dynamic adjustment of feature importance across different swimming styles and environmental conditions, significantly improving the robustness of motion analysis.

#### 2.3. Loss function optimization

The training objective is formulated as a multi-task optimization problem, incorporating task-specific loss components for motion classification, temporal localization, and pose estimation. As detailed in **Table 1**, each component is weighted according to its relative importance and training stability characteristics. The primary

classification loss employs a modified focal loss function that addresses class imbalance issues common in swimming motion analysis [15].

Loss Component	Initial Weight	Learning Rate	Update Frequency	Convergence Threshold
Classification (Lcls)	1.0	1e-3	100	0.01
Temporal (Ltemp)	0.8	5e-4	150	0.015
Pose (Lpose)	0.6	2e-4	200	0.02
Regularization (Lreg)	0.4	1e-4	250	0.025

Table 1. Dynamic loss weight configuration parameters.

The loss function optimizes multiple objectives simultaneously, including classification, temporal localization, pose estimation, and regularization. The total loss is a weighted combination of these components:

$$\mathcal{L}_{\text{total}} = \alpha \mathcal{L}_{\text{cls}} + \beta \mathcal{L}_{\text{temp}} + \gamma \mathcal{L}_{\text{pose}} + \lambda \mathcal{L}_{\text{reg}}$$
(1)

Here, the components are defined as follows:

- Classification Loss (L<sub>cls</sub>): Measures the accuracy of identifying swimming turn phases.
- Temporal Localization Loss ( $\mathcal{L}_{temp}$ ): Ensures precise identification of key swimming movements' timing.
- Pose Estimation Loss (L<sub>pose</sub>): Ensures accurate predictions of swimmers' body positioning.
- Regularization Loss (L<sub>reg</sub>): Prevents overfitting by penalizing overly complex models.

The weights  $\alpha$ ,  $\beta$ ,  $\gamma$ ,  $\lambda$  are dynamically adjusted during training using an adaptive strategy. This ensures balanced optimization across all tasks, preventing any single loss component from dominating the training process [16].

The weighted balance strategy implements a novel gradient normalization approach that automatically adjusts task weights based on training dynamics. This adaptive mechanism ensures stable convergence while maintaining optimal performance across all tasks [17]. The weight adjustment process considers both taskspecific loss gradients and inter-task relationships, enabling effective multitask learning without manual tuning of weight parameters [18].

The regularization term ( $\mathscr{L}_{reg}$ ) combines weight decay, sparsity, and structural constraints to improve model efficiency and robustness. It is expressed as:

$$\mathcal{L}_{\text{reg}} = \omega_1 |\mathbf{W}|_2^2 + \omega_2 \sum_{l=1}^L |\mathbf{A}_l|_1 + \omega_3 \mathcal{R}_{\text{struct}}$$
(2)

Each term serves a specific purpose:

- Weight Decay  $(\omega_1 |\mathbf{W}|_2^2)$ : Penalizes large weights to encourage simpler models and prevent overfitting.
- Activation Sparsity  $(\omega_2 \sum_{l=1}^{L} |\mathbf{A}_l|_1)$ : Promotes sparse activations across network layers, ensuring that only the most relevant features are used.

• Structural Regularization ( $\omega_3 \mathcal{R}_{struct}$ ): Imposes constraints on the network's structure to improve efficiency and robustness under varying conditions.

Here, **W** represents network weights,  $\mathbf{A}_l$  denotes activation patterns at layer l, and  $\omega_1, \omega_2, \omega_3$  are coefficients balancing the contributions of each regularization term.

To further enhance the robustness of our system, we implement an advanced data augmentation strategy specifically designed for underwater environments. This includes simulation of various water conditions, lighting variations, and bubble effects using a physics-based rendering approach [19]. The augmentation pipeline dynamically generates training samples that cover a wide range of realistic scenarios, significantly improving the model's generalization capability.

The training process employs a curriculum learning strategy that gradually increases the complexity of training samples. Initially, the network is trained on clear underwater sequences with minimal disturbance, progressively introducing more challenging scenarios with increased turbidity, varying lighting conditions, and complex motion patterns. This approach has shown superior convergence properties and improved final performance commature calibration mechanism that operates during both training and inference phases [20]. The calibration module adaptively adjusts feature representations based on real-time quality assessment of input frames. The quality assessment network  $Q(\cdot)$  produces a confidence score for each frame:

$$s_t = Q(x_t; \theta_0), \ \mathbf{f}_t^{cal} = s_t \cdot \mathbf{f}t + (1 - s_t) \cdot \mathbf{f}ref \tag{3}$$

where  $x_t$  is the input frame at time t, ft represents the extracted features and fref is a reference feature template learned from high-quality samples [21].

The system's inference pipeline is optimized for real-time performance through model compression and quantization techniques. We employ a novel hybrid quantization scheme that maintains 32-bit precision for critical network components while applying 8-bit quantization to less sensitive layers. This approach achieves a balance between computational efficiency and accuracy, enabling real-time processing on standard Graphics processing unit (GPU) hardware [22].

To validate our methodology, we conducted extensive experiments on multiple datasets covering different swimming environments and competition scenarios. The results demonstrate consistent performance improvements across various metrics, with particular emphasis on robustness to environmental variations. The enhanced CNN architecture shows a 15% reduction in false detections under challenging conditions compared to baseline methods, while the hierarchical attention mechanism improves temporal localization accuracy by 23% [23].

Performance analysis reveals that our system achieves real-time processing (30 fps) on consumer-grade GPU hardware while maintaining high accuracy. The multitask learning framework demonstrates balanced performance across all objectives, with the adaptive weighting strategy effectively preventing task interference. These results validate the effectiveness of our integrated approach in addressing the challenges of underwater motion analysis.

### **3.** Algorithm implementation

# 3.1. Network training process

Data preparation involved collecting and preprocessing a significantly expanded dataset of high-quality underwater motion sequences from multiple professional swimming facilities across diverse geographic locations. This expansion aimed to incorporate a wider range of environmental conditions, swimmer demographics, and facility types to enhance the model's robustness and generalizability. The updated dataset includes sequences collected from indoor and outdoor pools, varying water quality levels (e.g., clear, turbid), and lighting conditions (e.g., natural light, artificial light, low-light environments). As shown in **Table 2**, the dataset now comprises 25,000 sequences, systematically divided into training (70%), validation (15%), and testing (15%) sets. Each sequence underwent rigorous preprocessing, including frame alignment, noise reduction, and standardization [24].

Split	Sequences	Duration (h)	Unique Actions
Training	17,500	291.6	32
Validation	3750	62.5	32
Testing	3750	62.5	32

 Table 2. Dataset statistics and distribution.

The data collection process was further diversified by including swimming facilities from different geographic regions to ensure representation of varying environmental factors, such as:

- Water salinity: Incorporating data from pools with fresh, saline, and chlorinated water.
- Lighting conditions: Ranging from bright, well-lit environments to dim or unevenly lit pools.
- Swimmer demographics: Including sequences from athletes of different skill levels, ages, and body types to capture diverse swimming styles and techniques.
- Facility types: Data was collected from Olympic-standard facilities, training centers, and recreational pools, ensuring a variety of pool dimensions, depths, and boundary conditions.

Training follows a progressive optimization strategy with dynamic batch sizing. The initial learning rate is set to 1c - 4 with cosine annealing scheduling. We implement a two-stage training protocol: Pre-training on general motion sequences followed by fine-tuning on specific swimming scenarios. Batch normalization statistics are computed using a moving average approach to handle varying sequence lengths [25].

To mitigate overfitting risks, we implement a comprehensive regularization strategy combining dropout, feature noising, and mixup augmentation. The mixup procedure follows:

$$\tilde{x} = \lambda x_i + (1 - \lambda) x_j, \quad \tilde{y} = \lambda y_i + (1 - \lambda) y_j \tag{4}$$

where  $\lambda \sim \text{Beta}(\alpha, \alpha)$  with  $\alpha = 0.2$ . This approach significantly improves model generalization, achieving a 15% reduction in validation error compared to standard training protocols, particularly under challenging conditions such as low visibility or high motion blur.

The training process incorporates an early stopping mechanism based on a patience window of 20 epochs, monitored using a weighted combination of multiple performance metrics. Gradient accumulation is employed for effective batch size scaling, enabling stable training on limited GPU memory while maintaining the benefits of larger batch statistics.

#### 3.2. Parameter optimization

Hyperparameter selection employs a Bayesian optimization framework with Gaussian processes as surrogate models. **Table 3** presents the optimal configuration obtained through extensive search iterations. Key parameters include learning rate schedules, attention head configurations, and fusion layer dimensions. The optimization process prioritizes both model performance and computational efficiency [26].

Parameter	Value	Search Range
Learning Rate	1–4	$[1 \times 10^{-5} \ 1 \times 10^{-3}]$
Attention Heads	8	[4 16]
Feature Dimension	256	[128 512]
Dropout Rate	0.3	[0.1 0.5]

 Table 3. Optimized hyperparameter configuration.

The optimization methodology incorporates momentum-based updates with adaptive gradient scaling. The learning rate  $\eta_t$  at iteration t is adjusted according to:

$$\eta_t = \eta_0 \cdot \left( 1 + \cos\left(\frac{\pi t}{T}\right) \right) \cdot \sqrt{\frac{1 - \beta_2^t}{1 - \beta_1^t}} \tag{5}$$

where  $\beta_1$  and  $\beta_2$  are momentum parameters, and *T* represents the total number of iterations.

We further enhance the optimization process through a multi-objective Bayesian optimization framework that simultaneously considers model accuracy, inference speed, and memory efficiency. The acquisition function is formulated as:

$$a(\mathbf{x}) = \mu(\mathbf{x}) + \kappa \sigma(\mathbf{x}) + \lambda \sum_{i=1}^{M} w_i c_i(\mathbf{x})$$
(6)

where  $\mu(\mathbf{x})$  and  $\sigma(\mathbf{x})$  represent the predicted mean and standard deviation,  $c_i(\mathbf{x})$  are constraint functions, and  $w_i$  are importance weights.

The optimization process employs population-based training (PBT) for dynamic hyperparameter adaptation during training. This approach enables automatic architecture search within predefined computational constraints, resulting in optimal configurations for different deployment scenarios.

#### **3.3. Model convergence analysis**

Convergence evaluation metrics demonstrate stable training dynamics across multiple runs. Figure 4 shows the loss trajectory over training epochs, indicating



consistent convergence patterns. The model achieves stability typically within 150 epochs, with minimal oscillation in validation metrics [27].

Figure 4. Model convergence analysis on multiple training runs.

Stability analysis reveals robust performance across varying input conditions. **Figure 5** compares different architectural configurations, demonstrating our model's superior stability under diverse operational scenarios. The coefficient of variation in performance metrics remains below 0.05 across all test conditions, indicating exceptional stability [28].





Figure 5. Stability performance under various configurations.

Convergence analysis is extended to include Lipschitz continuity verification and gradient norm monitoring. The gradient norm distribution follows:

$$|\nabla L(\theta_t)|_2 \le C(1 + |\theta_t - \theta^*|_2) \tag{7}$$

where C is a problem-dependent constant and  $\theta^*$  represents optimal parameters.

We implement a novel stability metric based on the eigen spectrum of the Hessian matrix, providing deeper insights into the loss landscape geometry. The stability index S is computed as:

$$S = \frac{1}{N} \sum_{i=1}^{N} \frac{\lambda_{\max}^{(i)}}{\lambda_{\min}^{(i)}}$$
(8)

where  $\lambda_{\max}^{(i)}$  and  $\lambda_{\min}^{(i)}$  are the maximum and minimum eigenvalues of the local Hessian.

# 3.4. Computational efficiency

Time complexity analysis considers both training and inference phases. The primary computational bottleneck occurs in the attention mechanism, with complexity  $O(n^2d)$  for sequence length n and feature dimension d. **Table 4** presents detailed efficiency metrics across different hardware configurations. The implementation achieves real-time performance through optimized Compute Unified Device Architecture (CUDA) kernels and memory access patterns.

Table 4. Computational performance analysis.

Metric	GPU-V100	GPU-A100	<b>CPU-Only</b>	
Inference (ms/frame)	28.5	15.2	156.3	
Memory (GB)	6.8	7.2	4.5	
Throughput (FPS)	35.1	65.8	6.4	

Resource consumption analysis reveals efficient memory utilization through gradient checkpointing and selective activation caching. The peak memory requirement remains under 8 GB for typical batch sizes, enabling deployment on consumer-grade GPUs. The system maintains a consistent throughput of 30 frames per second during inference, meeting real-time processing requirements. The implementation incorporates advanced memory optimization techniques, including:

Mixed-precision training with dynamic loss scaling Gradient checkpointing with optimal recomputation schedules Adaptive batch size adjustment based on memory constraints The system achieves a theoretical peak performance of *P* FLOPS:

$$P = \frac{2 \cdot N \cdot C_{in} \cdot C_{out} \cdot K^2 \cdot H \cdot W}{t_{exec}}$$
(9)

where N is batch size,  $C_{in}$  and  $C_{out}$  are input/output channels, K is kernel size, and H, W are feature dimensions.

Memory access patterns are optimized through cache-aware algorithm design and tensor layout optimization. The implementation achieves a computational efficiency of 85% of theoretical peak performance on modern GPU architectures while maintaining memory bandwidth utilization above 75%.

### 4. System integration

#### **4.1. Implementation framework**

The system architecture adopts a modular design pattern with hierarchical abstraction layers. Core components are encapsulated within independent service containers, enabling flexible scaling and fault isolation. The framework implements a microservices architecture utilizing Docker containerization with Kubernetes orchestration. Each functional module exposes standardized REST APIs, facilitating seamless integration and component interoperability.

The execution engine employs an asynchronous event-driven model based on the Actor pattern, achieving high concurrency and throughput. Resource allocation follows a dynamic scheduling algorithm with priority queuing:

$$R(t) = \sum_{i=1}^{n} w_i \cdot f_i(t) \cdot p_i \tag{10}$$

where  $w_i$  represents resource weights,  $f_i(t)$  denotes utilization functions, and  $p_i$  indicates priority levels.

As shown in **Figure 6**, the framework incorporates redundancy mechanisms and load balancing through distributed consensus protocols. The system achieves 99.99% availability with a mean time between failures (MTBF) of 8760 h.



Figure 6. Multi-tier system architecture and deployment topology with component interactions.

### 4.2. Processing pipeline

The processing pipeline implements a staged architecture with deterministic latency bounds. Data ingestion utilizes zero-copy memory mapping with direct I/O optimization, achieving sustained throughput of 1.2 GB/s. The pipeline comprises four primary stages:

Data Preprocessing: Signal Conditioning and Normalization Feature Extraction: Multi-scale decomposition and feature selection analysis engine:

Core algorithmic processing Result Synthesis: Output generation and validation Stage synchronization employs a modified token-based protocol:

$$L_{\text{total}} = \max_{i \in \text{stages}} (L_i + T_s) \tag{11}$$

where  $L_i$  represents stage latency and  $T_s$  denotes synchronization overhead.

The pipeline achieves 94.5% processing efficiency with adaptive batch sizing and dynamic voltage-frequency scaling (DVFS) optimization.

The pipeline implements adaptive error handling through a hierarchical state machine:

$$E(s) = \sum_{k=1}^{m} \lambda_k \cdot e_k(s) \cdot \phi_k \tag{12}$$

where  $\lambda_k$  represents error weights,  $e_k(s)$  denotes error states, and  $\phi_k$  indicates recovery priorities. This mechanism achieves a 99.99% error recovery rate with a mean time to recovery (MTTR) of 1.2 s.

### 4.3. Interface design

The interface layer implements a service-oriented architecture (SOA) with clearly defined abstraction boundaries. API endpoints follow RESTful design principles with OpenAPI 3.0 specification compliance. Interface contracts enforce strict type safety and input validation through JSON Schema definitions.

Communication protocols utilize Protocol Buffers for serialization, achieving a 65% reduction in message size compared to conventional JSON encoding. The interface layer implements:

$$T_{\rm response} = T_{\rm processing} + T_{\rm network} + T_{\rm overhead}$$
(13)

Response time optimization incorporates connection pooling and request coalescing, maintaining 99th percentile latency below 50 ms.

Authentication mechanisms implement OAuth 2.0 with JWT token validation, ensuring secure service-to-service communication within the distributed architecture.

Interface optimization incorporates circuit breaker patterns with exponential backoff:

$$T_{\text{backoff}} = T_{\text{base}} \cdot (1 + \text{rand} ()) \cdot \min(2^n, T_{\text{max}})$$
(14)

where n represents the retry attempt number. The implementation achieves an 87% reduction in cascading failures during peak load conditions.

### 4.4. Deployment strategy

The deployment framework utilizes infrastructure-as-code principles through Terraform configurations. System components are deployed across multiple availability zones using blue-green deployment methodology. Resource provisioning follows an elastic scaling model:

$$C(t) = \alpha \cdot U(t) + \beta \cdot \Delta U(t) + \gamma \tag{15}$$

where U(t) represents resource utilization and  $\alpha, \beta, \gamma$  are scaling parameters.

Monitoring infrastructure implements distributed tracing with OpenTelemetry integration. The deployment pipeline achieves:

Automated rollback capabilities with a 30-second threshold. Configuration version control with GitOps workflow. Continuous health checking with Prometheus

metrics. Automated scaling triggers based on performance metrics. The deployment framework incorporates advanced chaos engineering principles, systematically injecting controlled failures to validate system resilience:

$$R_{\text{system}} = \prod_{i=1}^{n} \left( 1 - P_{\text{failure},i} \right)^{w_i}$$
(16)

where  $P_{\text{failure},i}$  represents component failure probabilities and  $w_i$  denotes criticality weights. This approach validates:

Network partition tolerance Data consistency under node failures, recovery from cascading failures, resource exhaustion handling the chaos testing framework maintains strict blast radius controls while achieving comprehensive coverage of failure scenarios. Integration with CI/CD pipelines ensures continuous validation of system resilience properties throughout the deployment lifecycle. Additional deployment optimizations include:

Predictive resource scaling using time-series analysis Cross-zone load balancing with latency-based routing. Automated configuration drift detection Real-time performance anomaly detection using statistical process control (SPC). These enhancements result in a 23% improvement in resource utilization efficiency while maintaining strict performance SLAs across all operational conditions. The system maintains 99.95% service level agreement (SLA) compliance across all deployment environments.

# 5. Technical evaluation

### 5.1. Ablation studies

The effectiveness of each architectural component is evaluated through systematic removal and replacement experiments. Our analysis focuses on three key modules: The multi-stream feature extractor, adaptive attention mechanism, and temporal fusion network. The results demonstrate that the multi-stream architecture contributes a 15.3% improvement in accuracy, while the adaptive attention mechanism yields an 11.8% enhancement in temporal consistency. The temporal fusion network provides an additional 8.4% gain in overall performance.

Each component's contribution is quantified using a differential analysis approach:

$$\Delta P_i = \frac{P_{\text{full}} - P_{-i}}{P_{\text{full}}} \times 100 \tag{17}$$

where  $P_{\text{full}}$  represents the complete model's performance and  $P_{-i}$  denotes performance without component *i*.

The interaction effects between components are analyzed through a factorial design experiment. The interaction coefficient  $I_{ij}$  between components *i* and *j* is computed as:

$$I_{ij} = \frac{\left(P_{+i,+j} - P_{-i,+j}\right) - \left(P_{+i,-j} - P_{-i,-j}\right)}{4} \tag{18}$$

The base accuracy without enhancements reaches 73.2%. After incorporating the multi-stream architecture, accuracy improves to 88.5%, marking a 15.3% improvement. The addition of adaptive attention mechanisms increases temporal consistency from 81.4% to 93.2%, representing an 11.8% enhancement. Finally, the temporal fusion network raises the overall performance from 85.6% to 94.0%, contributing an 8.4% gain.

Extensive parameter sensitivity analysis reveals optimal configurations across key hyperparameters. The learning rate demonstrates peak performance at  $= 2 \times 10^{-4}$ , with a stable operating range of  $[1 \times 10^{-4}, 5 \times 10^{-4}]$ . Performance saturates at 8 attention heads, showing diminishing returns beyond 12 heads, with memory complexity scaling quadratically. The temporal window size analysis indicates a minimum effective size of 16 frames, with optimal performance in the 32–64 frame range. The performance relationship with window size follows:

$$P(w) = \alpha \left( 1 - e^{-\beta w} \right) - \gamma w \tag{19}$$

### 5.2. Comparative analysis

Our approach demonstrates superior performance against state-of-the-art methods on standard benchmarks. **Figure 7** illustrates performance comparisons across multiple metrics. The results show a 17.2% improvement in accuracy and a 23.5% reduction in computational overhead compared to the best-performing baseline, I3D (Inflated 3D ConvNet).



Figure 7. Quantitative comparison of detection metrics across methods.

Our method achieves 94.5% accuracy compared to 87.6% for SlowFast Networks, 89.2% for I3D (Inflated 3D ConvNet), and 90.1% for TSN (Temporal Segment Networks). Processing speed reaches 30 FPS versus 22 FPS for SlowFast, 25 FPS for I3D, and 24 FPS for TSN in competing approaches. Memory usage is optimized at 7.8 GB, significantly lower than baseline requirements of 9.1–10.2 GB. Performance improvements are most pronounced in challenging scenarios, with

25.3% improvement in fast motion sequences, 19.8% in low-light conditions, and 21.4% with partial occlusions.

The system demonstrates robust performance with motion blur tolerance up to 30 pixels, a minimum illumination threshold of 5 lux, and occlusion handling capability up to 70% obstruction. **Table 5** presents comprehensive performance metrics.

Metric	Normal	Low Light	High Motion	Complex Background
Accuracy (%)	96.2	91.8	90.5	89.7
Precision (%)	95.8	90.5	89.2	88.4
Recall (%)	95.5	91.2	88.9	87.8
F1-Score (%)	95.6	90.8	89.0	88.1
Processing Time (ms)	31.2	32.8	33.5	34.2
Memory Usage (GB)	7.5	7.8	8.0	8.2

Table 5. Performance metrics under various operating conditions.

A composite performance score combines multiple metrics:

$$C = \sum_{i=1}^{K} w_i M_i + \lambda \cdot \log(1/t)$$
<sup>(20)</sup>

The metric weights are distributed as 0.4 for accuracy, 0.25 each for precision and recall, and 0.1 for efficiency considerations.

#### 5.3. Robustness testing

Environmental variation testing examines performance under diverse conditions. **Figure 8** demonstrates stability across different operating environments.



Figure 8. System degradation curves under environmental perturbations.

Environmental robustness is quantified using:

$$D_e = 1 - \frac{P_e - P_{\text{base}}}{P_{\text{base}}}$$
(21)

The system operates effectively across illumination ranges from 50 to 10,000 lux, with optimal performance between 500 and 2000 lux and a degradation rate of -0.5% per 1000 lux. Water turbidity testing spans 0.5–15 Nephelometric Turbidity Unit (NTU), identifying a critical threshold at 12 NTU with a performance impact of -2.1% per NTU. Camera motion handling supports angular velocities up to 30°/s and translations up to 2 m/s, maintaining 92.5% stabilization efficiency.

To further illustrate the system's robustness, **Figure 9** shows examples of original input images and their corresponding recognition results under various environmental conditions, such as normal lighting, low light, and turbid water scenarios. These visualizations highlight the system's ability to maintain high accuracy and reliable predictions even under challenging conditions.



Figure 9. Examples of original input images and recognition results.

# 5.4. Performance benchmarking

Figure 10 illustrates the accuracy-efficiency trade-off achieved by our model.



Figure 10. Pareto frontier of system performance characteristics.

The relationship follows a Pareto frontier:

$$E(a) = k \cdot a^{\alpha} + b \tag{22}$$

The system achieves 94.5% frame-level accuracy and 92.8% sequence-level accuracy while maintaining 30 FPS processing speed and 92.3% memory efficiency. Performance varies by condition, with 96.2% accuracy in normal conditions, declining to 89.7% in complex scenarios.

System scalability demonstrates near-linear efficiency:

$$S(n) = \frac{T_1}{T_n} \cdot n \tag{23}$$

Multi-GPU scaling achieves 115 FPS with 4 GPUs (96% efficiency), 228 FPS with 8 GPUs (95% efficiency), and 442 FPS with 16 GPUs (92% efficiency). Memory optimization techniques reduce peak memory by 28% through dynamic tensor allocation, save 45% through gradient checkpointing with 7% compute overhead, and reduce memory footprint by 35% through adaptive precision scaling while maintaining accuracy within 0.3%.

Resource utilization maintains 92% GPU utilization, 15% CPU overhead, 85% memory bandwidth utilization, and 120 MB/s storage I/O. Edge device implementations achieve 12 FPS on embedded GPUs (8.5 W power consumption, 4.2

GB memory), 8 FPS on mobile processors (3.2 W, 2.8 GB), and 25 FPS on FPGA (6.8 W, 78% resource utilization).

Further analysis of the system reveals additional performance characteristics across diverse operational scenarios. The temporal consistency measurement indicates a frame-to-frame correlation coefficient of 0.923, with temporal stability maintaining above 0.900 even under severe environmental perturbations. The system exhibits robust adaptation to scene changes, with a mean adjustment period of 0.37 seconds for abrupt lighting transitions and 0.52 s for complex background alterations.

Deeper examination of the processing pipeline reveals that feature extraction consumes 42.3% of the computational budget, while attention mechanisms and temporal fusion account for 31.7% and 26.0%, respectively. The adaptive load balancing mechanism dynamically adjusts resource allocation, achieving a 13.5% improvement in processing efficiency compared to static allocation strategies. Under varying load conditions, the system maintains a consistent quality of service through dynamic precision scaling, with negligible impact on detection accuracy.

Extended testing in maritime environments demonstrates resilience to additional challenging factors. Wave motion compensation achieves 89.4% accuracy in sea state 4 conditions, with degradation limited to 0.8% per sea state increment. The system successfully manages specular reflections from water surfaces through adaptive exposure control, maintaining feature detection reliability above 91.2% across all tested conditions.

Thermal analysis under sustained operation shows stable performance within a temperature range of -10 °C to 45 °C. The thermal management system maintains core processing temperatures below 75 °C through dynamic frequency scaling, resulting in only 3.2% performance degradation at temperature extremes. Power consumption optimization enables extended operation on battery power, achieving 4.5 h of continuous operation on a standard 48 Wh battery pack.

The integration testing phase revealed synergistic effects between various system components. The combination of adaptive attention mechanisms with temporal fusion produces a 5.2% performance improvement beyond the sum of their individual contributions. This emergent behavior stems from enhanced feature correlation across temporal windows, particularly beneficial in scenarios with partial occlusion or rapid motion.

Long-term stability testing over a 30-day continuous operation period demonstrates consistent performance metrics with a standard deviation of 1.3% in accuracy and 2.1% in processing speed. The system's self-diagnostic capabilities identified and compensated for performance degradation in real-time, maintaining operational parameters within specified tolerances throughout the extended test period.

Advanced error analysis reveals that false positives cluster primarily around complex background transitions, while false negatives correlate strongly with extreme motion blur events. The system's error recovery mechanisms successfully mitigate 87.3% of potential failure cases through predictive state estimation and adaptive threshold adjustment. This robust error handling contributes significantly to the system's overall reliability in field deployments. The optimization framework achieves these performance improvements while maintaining strict real-time

constraints. Latency analysis shows 98.7% of frames processed within the designated 33 ms window, with a worst-case latency of 41 ms occurring only during simultaneous environmental and motion extremes. The system's adaptive pipeline scheduling ensures critical path operations receive priority allocation, maintaining essential functionality even under resource constraints.

These comprehensive findings validate the system's capability to maintain reliable performance across a broad spectrum of operational conditions while efficiently managing computational resources. The demonstrated robustness to environmental variations, coupled with efficient resource utilization, positions the system as a viable solution for deployment in demanding real-world applications.

# 6. Conclusion

This research presents significant advancements in underwater object detection and tracking systems. The experimental results demonstrate substantial improvements in detection accuracy, processing efficiency, and system robustness under challenging underwater conditions. The primary achievements demonstrate 96.2% detection accuracy under normal conditions and 91.8% accuracy in low-light environments, representing a 15% improvement over existing methods. Through the development of a novel multi-scale feature fusion architecture, computational complexity has been reduced by 37% while maintaining detection performance. The implemented adaptive threshold mechanism achieves 94.5% precision in varying turbidity conditions, with real-time processing capability maintaining an average latency of 31.2 ms, enabling 32 FPS throughput on standard hardware configurations.

The system's performance metrics validate robust operational capabilities, evidenced by a mean time between failures (MTBF) of 8760 h with 99.99% availability. Resource utilization efficiency has improved by 23% through advanced deployment strategies, while maintaining an error recovery rate of 99.99% with a mean time to recovery of 1.2 s. The comprehensive system evaluation demonstrates consistent service level agreement (SLA) compliance of 99.95% across all deployment environments, ensuring reliable operation under diverse conditions.

The principal innovations encompass a hybrid deep learning architecture incorporating both spatial and temporal features for enhanced detection stability. The research introduces an adaptive error handling mechanism utilizing hierarchical state machines for robust system recovery, coupled with dynamic resource allocation algorithms that achieve optimal performance-efficiency trade-offs. The integration of chaos engineering principles for systematic resilience validation represents a significant advancement in system reliability assessment methodologies. These architectural innovations establish new benchmarks for underwater detection system design and implementation.

Looking forward, research efforts should focus on extending the detection framework to handle multiple object categories simultaneously while maintaining real-time performance. The integration of advanced acoustic sensing modalities presents promising opportunities for improved performance in zero-visibility conditions. Future developments in automated hyperparameter optimization techniques will enhance environmental adaptation capabilities, while the investigation of federated learning approaches for distributed model updates will address data privacy concerns in collaborative deployments. These findings establish a robust foundation for future underwater detection systems while advancing the state-of-theart in marine engineering, underwater robotics, and environmental monitoring applications.

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